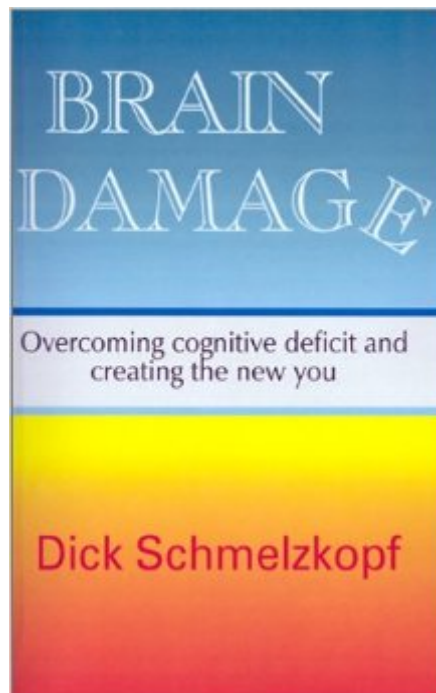


The book was found

Brain Damage: Overcoming Cognitive Deficit And Creating The New You



Synopsis

Book by Schmelzkopf, Richard Edward

Book Information

Paperback: 197 pages

Publisher: Emerald Ink Publishing; 1st edition (January 2001)

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (27 customer reviews)

Best Sellers Rank: #4,218,724 in Books (See Top 100 in Books) #80 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Brain Cancer](#) #2184 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System](#) #2814 in [Books > Biographies & Memoirs > Specific Groups > Special Needs](#)

Customer Reviews

As a psychologist for 30 years I have read many professional texts and self-help books. This is a valuable book for people entering the healing professions as well as for patients and their caretakers because, throughout, it touches on a man's path to recovering from brain damage. It touches on his creating a personal philosophy to see him through, skills he learned along the way, including self-assertion, and finally the love he's learned along the way. Dick Schmelzkopf's book, *Brain Damage: Overcoming adversity with wit and humor*, challenges us to observe what is, to most of us, the mundane choices of life, what to wear, doing chores, and handling finances through his brain-damaged mind. This book is a practical, no-nonsense, road map outlining the rehabilitation process of a brain-damaged man ... and more. In addition, the author describes what one can expect to experience along the way and shares his views that will help people understand what tools one needs on such a journey. It will make the trip easier for all who make this journey and those who accompany them. Reading this book illuminates our lives and can only make us more tolerant, compassionate, and caring. I'm a better psychologist for having read it. Philosophy From his first thoughts after surgery, Dick Schmelzkopf psychologically reframes how he sees life. Dick's advice to "Add Quality of Life to your personal credo" will shake the whininess out of anyone's "pity party." Many who have died on the operating table and are brought back to life also make this shift

in their thinking through the transformational experience. Dick avoids sliding into non-productive funks when he admonishes us, "Don't beat yourself up ... Remember it and learn by it." Combine Dick's advice to us all that we "...

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